

# JOLIET PARK DISTRICT

## GET UP AND DANCE

*Session 2 JULY 18-22*



TIME	MONDAY July 18	TUESDAY July 19	WEDNESDAY July 20	THURSDAY July 21	FRIDAY July 22
9:00-9:15	Arrival	Arrival	Arrival	Arrival	Arrival
9:15-9:30	Welcome/ Day's Events	Lincoln Park Zoo Field Trip	Welcome/ Day's Events	Welcome/ Day's Events	Welcome/ Day's Events
9:30-10:00	Tumbling Stunts Rm 6	Lincoln Park Zoo Field Trip	Show Dance Rm 3	Facial Expressions/ Body Gestures	Contemporary Rm 3
10:00-10:30	Mini Tramp Rm 6	Lincoln Park Zoo Field Trip	Show Dance Rm 3	Balance & Flexibility	Dance with Props Rm 3
10:30-11:00	Dance Technique Locomotor Rm 6	Lincoln Park Zoo Field Trip	Show Dance Rm 3	Leaps & Jumps Rm 6	Reception Dances Rm 3
11:00-11:30	Dance Technique Non-Locomotor Rm 6	Lincoln Park Zoo Field Trip	Hip Hop Rm 3	Improvisation	Acceptance Speeches Rm 3
11:30-12:00	Lunch - Sports Complex	Lunch at Lincoln Park Zoo	Lunch - Sports Complex	Lunch - Sports Complex	Lunch - Sports Complex
12:00-12:30	Playground/ Jungle Gym	Lincoln Park Zoo Field Trip	Playground/ Jungle Gym	Playground/ Jungle Gym	Playground/ Jungle Gym
12:30-1:00	Theater Rm 3	Lincoln Park Zoo Field Trip	Hip Hop Rm 3	Hip Hop Rm 3	Stage Set-Up West Gym
1:00-1:30	Show Dance Rm 3	Lincoln Park Zoo Field Trip	Dance Bags Rm 3	Indoor Swimming - I.A.C.	Dress Rehearsal West Gym
1:30-2:00	Show Dance Rm 3	Lincoln Park Zoo Field Trip	Review Technique	Indoor Swimming IAC Pool	Dress Rehearsal West Gym
2:00-2:30	Show Dance Rm 3	Lincoln Park Zoo Field Trip	Favorite Choice Rm 3	Indoor Swimming IAC Pool	Dress Rehearsal West Gym
2:30-3:00	T-Shirts Rm 3	Lincoln Park Zoo Field Trip	Creative Movement Rm 3	Indoor Swimming IAC Pool	Dress Rehearsal West Gym
3:00-3:45	Hip Hop Rm 3	Improvisation Rm 3	Back Drop Finish Rm 3	Show Dance Rm 3	Informal Show Presentation for Parents 3:30pm
3:45-4:00	Review of Day's Events/ Dismissal	Review of Day's Events/ Dismissal	Review of Day's Events/ Dismissal	Review of Day's Events/ Dismissal	Informal Show Presentation for Parents